

SECTION B
RULES & GUIDANCE FOR SPEECH CONTESTS

Competition speeches must be between 6 and 8 minutes long to avoid penalty points. The speaker must therefore finish speaking while the amber or red light is showing.

Whats required?

- A contest Chair to make sure that contestants, timekeepers, ushers and judges are all ready to perform their roles.
- An Usher who can help prepare the speaker as they get ready to take part in the contest (audio equipment etc).
- Contestants demonstrating the full range of speaking skills in Section A of The Speakers Guide. Contestants should be aiming for originality of ideas and material of a high quality. No plagiarism of content or delivery is allowed. They should ensure that their speeches are not substantially narrative – although a small proportion of anecdotal or narrative material is permissible if it seen to enhance the speech.
- Contestants must deliver three different speeches in the Area, District and National Finals. The Speech for the National Final Contest must not have been previously used in a contest leading to any National Final.